SUBJECTIVE REFRACTION PEER TUTORING

The aim of this tutorial is to introduce first year students to subjective refraction. You will be acting as student tutors to introduce them to a range of tests to refine the spherical and cylindrical components of a prescription. Before the tutees arrive there will be a brief discussion session. During this, use the notes you have made on your short answer question sheet to help identify the learning objectives for the tutees today. Write down your final ideas in the table below.

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| --- | --- | --- |
| Stage | Discussion  *What elements of subjective refraction are included in these stages?* | Assessment  *Have your tutees achieved the discussed elements today?* |
| Primary  (Understanding the technique) | *Duochrome:*  *+1.00 blur:*  *Pendulum:*  *Cross cyl:* | Tick the box when this is complete |
| Secondary  (Applying the technique) | *Duochrome:*  *+1.00 blur:*  *Pendulum:*  *Cross cyl:* | Tick the box when this is complete |
| Tertiary  (Analyzing the results) | *Duochrome:*  *+1.00 blur:*  *Pendulum:*  *Cross cyl:* | Tick the box when this is complete |
| Assessment  (An OSCE style assessment, how far have your tutees progressed today?) |  | Tick the box when this is complete |

What feedback do you have for your tutees?

Reflect upon your tutoring, how do you think it went? What went well? How do you think you could improve?